

Evolutions School of Dance

2017-2018 Schedule

this schedule is subject to change

Monday

Studio 1		Studio 2	
Time	Class	Time	Class
Daytime			
10:00-10:30	Pre-school Ballet/Jazz Combo Miss Reanna	9:45-10:30	INSANITY Live Miss Tabatha
10:30-11:00	Princess Ballet (Sessional) Miss Reanna		
Evening		Evening	
4:00-4:30PM		4:15-5:00PM	Pre-School Ballet Miss Nat
4:30-5:00pm	Small & Tall (Sessional) Miss Kyla		
5:15-6:00pm	Turns & Jumps/ Strength & Conditioning Level 1 *required for Pre-Inter Jazz/Lyrical PD Dancers Miss Kyla	5:00-6:00pm	Intermediate Cecchetti Ballet Technique Miss Nataalka
6:00-6:45pm	Turns & Jumps Strength & Conditioning Level 2 *required for Intermediate & Senior Jazz/Lyrical PD Dancers Miss Kyla	6:00-7:00pm	Pre- Intermediate 1 Cecchetti Ballet Technique Miss Nataalka
7:00-7:45pm	Open Hip Hop (ages 8+) Miss Jenna P	7:00-8:00pm	Pre- Intermediate 2 Cecchetti Ballet Technique Miss Nataalka
7:45-8:45pm	PD Intermediate Competitive Jazz Miss Kyla	8:00- 9:15	Senior Cecchetti Ballet Technique Miss Nataalka
			PD Rehearsals

Tuesday

Studio 1 (Front)		Studio 2 (Back)	
Time	Class	Time	Class
Daytime		Daytime	
9:30-10:15	Early Explorers (Sessional) Miss Kyla	9:30-10:30	
10:30-11:00	Small & Tall (Sessional) Miss Kyla	10:30-11:00	
11:00-12:00	Mommy & Me Dance/Conditioning (Sessional) Miss Kyla	11:00-11:30	Pre-School Sessional Classes: Sept-Oct- Princess Ballet Nov-Dec- Creative Movement Jan-Feb- Tiny Toes Jazz March-April- Bitty Boppers May-June- Tumbling Tots Miss Reanna
12:10-12:45	Adult Barre Fitness (Sessional) TBA	11:30-12:00	Child Minding Miss Reanna
		12:00-12:30	Superhero Dance Class (Sessional) Miss Reanna
Evening		Evening	
4:30-5		4:30-5:00	Fairytale Ballet Miss Misha
5:00-5:45		5:00-6:00pm	Senior Cecchetti Open Ballet Technique Miss Misha
5:45-6:30		6:00-6:30	Pointe 2 Miss Misha
6:30-7:30	Zumba (Sessional) Miss Nicole	6:30-7:15	Pre-School Ballet Miss Misha
		7:15-7:45	Shining Stars Tap/Jazz Combo Miss Misha
7:30-8:30	PD Intermediate Competitive Modern/Contemporary Technique Miss Nicole	7:45-8:45	PD Senior Competitive Modern/ Contemporary Technique Miss Misha

8:30-9:15	Adult Zumba (Sessional) Miss Nicole	8:45-9:15	PD Rehearsals
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Wednesday

Time	Class	Time	Class
	Studio 1 (Front)		Studio 2 (Back)
Evening		Evening	
4:15-4:45	Bitty Boppers (3-5) Miss Madi	4:15-5:00	
4:45-5:30	RD Beginner Hip Hop (5-7) Miss Madi	5:00-6:00	
5:30-6:30	PD Intermediate Competitive Lyrical Miss Madi	6:00-7:00	Pre- Intermediate 2 Cecchetti Ballet Technique Miss Nataalka
6:30-7:30	PD rehearsals Miss Madi	7:00-7:30	Pre-Pointe/Pointe 1 Miss Nataalka
7:30-8:15	Adult Dance Combo - Sessional (Beginner level) Miss Madi	7:30-8:45	Intermediate Cecchetti Ballet Technique Miss Nataalka
8:15-9:30		8:45-9:30pm	PD Rehearsals

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Thursday

Studio A		Studio B	
Daytime		Daytime	
12:10-12:45	INSANITY Live Miss Tabatha		
Evening		Evening	
5:30-6:15	RD Youth Tap Miss Steph F	5:15-6:00	Beginner Tap Miss Misha
6:15-7:15	PD Pre-Inter Competitive Jazz Miss Steph F	6:00-7:15	PD Rehearsals Miss Misha
7:15-8:00	Adult Barre Fitness (Sessional) Miss Steph F	7:15-8:15	Pre-Inter 1 Cecchetti Ballet Open Technique Miss Misha
8:00-9:00	PD Rehearsals Miss Steph F	8:15- 9:15pm	PD Senior Competitive Jazz Miss Misha
		9:00-9:30	PD

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Friday

Studio A (Front)		Studio B (Back)	
Time	Class	Time	Class
Daytime		Daytime	
11:00-12:00	Mommy & Me Yoga (Sessional) Miss Maya		
12:10-12:45	Adult Yoga Flow (Sessional) Miss Maya		
1:00-1:45	Mindful Munchkins Yoga (Sessional) Miss Maya		
Evening		Evening	
		4:45-5:15	Princess Ballet (Sessional) Miss Karissa
5:00-6:15	Acro 2 *Please e-mail studio to be placed in an Acro class *New Program with various qualified faculty and partnered a Gymnastics Centre (working out details, TBA)	5:15-6:00	RD Teen Ballet Miss Karissa
6:15-7:15	Acro 1 *Please e-mail studio to be placed in an Acro class *New Program with various qualified faculty and partnered a Gymnastics Centre (working out details, TBA)	6:00-7:00	RD Teen Lyrical/Contemp Miss Karissa
7:15-8:15		7:00-8:00	
	PD		PD

Saturday

Studio A (Front)		Studio B (Back)	
Time	Class	Time	Class
9:00-9:30am	Small & Tall - Full year Miss Karissa	9:00-9:30am	Fairytale ballet Miss Reanna
9:40-10:10am	Small & Tall - Full year Miss Karissa	9:30- 10:00am	Tiny Toes Miss Reanna
10:15-11:00	RD Beginner Ballet Miss Karissa	10:00-10:30am	Superhero Dance (Sessional) Miss Reanna
		10:30-11:00am	
11:00-11:45	RD Beginner Jazz Miss Karissa	11:00-12:00pm	Intermediate Performance Division Competitive Ballet (11+) *must be enrolled in 2 Cecchetti Ballet Technique classes to take this class Miss Natalka
		12:00-1:00	Senior Performance Division Competitive Ballet (14+) *must be enrolled in 2 Cecchetti Ballet Technique classes to take this class Miss Natalka
11:45-12:30	Performance Division Miss Madi	1:00-1:30pm	Pointe 2 Miss Natalka
12:30- 1:30pm	PD Pre-Inter Competitive Lyrical- Miss Madi		
1:30-2:30	PD Senior Competitive Lyrical Miss Madi	1:30-2:30pm	Pre-Intermediate Performance Division Competitive Ballet (10+) *must be enrolled in 2 Cecchetti Ballet Technique classes to take this class Miss Natalka
2:30-4:30pm	Performance Division	2:00-4:30pm	Performance Division

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Sunday

Studio A (Front)		Studio B (Back)	
Time	Class	Time	Class
9:00-9:30	Small & Tall (sessional) Miss Nicole		
9:30-10:00	Fairytale ballet (full year) Miss Nicole		
10:00-10:30	Princess Ballet (sessional) Miss Nicole		
10:30-11:00	Pre-School Sessional: Tiny Toes (Nov-Jan) Shining Stars Ballet/Jazz Combo (March-April) Bitty Boppers Hip Hop (May-June)		
11:00-12:00pm	Zumba/Adult Dance Fitness Miss Nicole		
12:00-3:30	Birthday Party bookings.	12:00-3:30	Birthday Party bookings.

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