

Evolutions School of Dance

2017-2018 Schedule

this schedule is subject to change

Monday

Studio A		Studio B	
Time	Class	Time	Class
Daytime			
9:15-9:45	Fairytale Ballet (Full Year) Miss Reanna		
9:45-10:30	Princess Ballet (Sessional) Miss Reanna	9:45-10:30	INSANITY Live Miss Tabatha
10:30-11:00	Tiny Toes (Full Year) Miss Reanna		
Evening		Evening	
4:15-5:00PM	Pre-School Ballet Miss Nat	4:00-4:30PM	
5:00-6:00pm	Intermediate Cecchetti Ballet Technique Miss Nataalka	4:30-5:00pm	Small & Tall 2 (Full Year) Miss Kyla
6:00-7:00pm	Pre- Intermediate 1 Cecchetti Ballet Technique Miss Nataalka	5:15-6:00pm	Turns & Jumps/ Strength & Conditioning Level 1 *required for Pre-Inter Jazz/Lyrical PD Dancers Miss Kyla
7:00-8:00pm	Pre- Intermediate 2 Cecchetti Ballet Technique Miss Nataalka	6:00-6:45pm	Turns & Jumps Strength & Conditioning Level 2 *required for Intermediate & Senior Jazz/Lyrical PD Dancers Miss Kyla & Miss Jenna P
8:00- 9:15	Senior Cecchetti Ballet Technique Miss Nataalka	6:45-7:45pm	PD Competitive Hip Hop Miss Jenna P
		7:45-8:45pm	PD Intermediate Competitive Jazz Miss Kyla & Miss Jenna P
			PD Rehearsals

Tuesday

Studio A (Front)		Studio B (Back)	
Time	Class	Time	Class
Daytime		Daytime	
9:30-10:15	Early Explorers (Sessional) <i>Miss Kyla</i>	9:30-10:30	
10:20-10:50	Small & Tall 1 (Sessional) <i>Miss Kyla</i>	10:30-11:00	Small & Tall 2 (Sessional) <i>Miss Reanna</i>
11:00-12:00	Mommy & Me Dance/Conditioning (Sessional) <i>Miss Kyla</i>	11:00-11:45	Pre-School Sessional Classes: Sept-Oct- Princess Ballet Nov-Dec- Creative Movement Jan-Feb- Tiny Toes Jazz March-April- Bitty Boppers May-June- Tumbling Tots <i>Miss Reanna</i>
12:10-12:45	Adult Barre Fitness (Sessional) <i>TBA</i>	11:45-12:00	Child Minding <i>Miss Reanna</i>
		12:00-12:45	Superhero Dance Class (Sessional) <i>Miss Reanna</i>
Evening		Evening	
4:30-5		4:30-5	Fairytale Ballet <i>Miss Misha</i>
5:00-5:45	RD Youth Hip Hop (10-12) <i>Miss Ashley</i>	5:00-6:00pm	Senior Cecchetti Open Ballet Technique <i>Miss Misha</i>
5:45-6:30	RD Junior Hip Hop (7-9) <i>Miss Ashley</i>	6:00-6:30	Pointe 2 <i>Miss Misha</i>
6:30-7:30	RD Teen Hip Hop (13+) <i>Miss Ashley</i>	6:30-7:15	Pre-School Ballet <i>Miss Misha</i>
		7:15-7:45	Shining Stars Tap/Jazz Combo <i>Miss Misha</i>
7:30-8:30	PD Intermediate Competitive Modern/Contemporary Technique <i>Miss Nicole</i>	7:45-8:45	PD Senior Competitive Modern/ Contemporary Technique <i>Miss Misha</i>

8:30-9:30	Adult Zumba (Sessional) Miss Nicole	8:45-9:15	PD Rehearsals
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Wednesday

Time	Class	Time	Class
Evening		Evening	
		4:15-5:00	
4:45-5:30	RD Beginner Hip Hop (5-6) Miss Madi	5:00-6:00	JR 3 Cecchetti Ballet Technique Miss Nataalka
5:30-6:30	PD Intermediate Competitive Lyrical Miss Madi	6:00-7:00	Pre- Intermediate 2 Cecchetti Ballet Technique Miss Nataalka
6:30-7:15	RD Junior Jazz/ Tap Combo Miss Madi	7:00-7:30	Pre-Pointe/Pointe 1 Miss Nataalka
7:15-8:15	RD Youth Jazz Miss Madi	7:30-8:45	Intermediate Cecchetti Ballet Technique Miss Nataalka
8:15-9:30		8:45-9:30pm	PD Rehearsals

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Thursday

Studio A		Studio B	
Daytime		Daytime	
12:10-12:45	INSANITY Live <i>Miss Tabatha</i>		
Evening		Evening	
		4:30-5:15	Beginner Tap <i>Miss Misha</i>
5:30-6:15	RD Youth Tap <i>Miss Steph F</i>	5:15-6:15	Junior 3 Cecchetti Ballet Open Technique <i>Miss Misha</i>
6:15-7:15	PD Pre-Inter Competitive Jazz <i>Miss Steph F</i>	6:15-7:15	Junior ½ Cecchetti Ballet Technique <i>Miss Misha</i>
7:15-8:00	Adult Barre Fitness (Sessional) <i>Miss Steph F</i>	7:15-8:15	Pre-Inter 1 Cecchetti Ballet Open Technique <i>Miss Misha</i>
8:00-9:00	RD Teen Jazz <i>Miss Steph F</i>	8:00- 9:00pm	PD Senior Competitive Jazz <i>Miss Misha</i>
		9:00-9:30	PD

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Friday

Studio A (Front)		Studio B (Back)	
Time	Class	Time	Class
Daytime		Daytime	
11:00-12:00	Mommy & Me Yoga (Sessional) Miss Maya		
12:10-12:45	Adult Yoga Flow (Sessional) Miss Maya		
1:00-1:45	Mindful Munchkins Yoga (Sessional) Miss Maya		
Evening		Evening	
		4:30-5:15	Princess Ballet (Sessional) Miss Karissa
5:00-6:00	Acro 1 *Please e-mail studio to be placed in an Acro class *New Program with various qualified faculty and partnered a Gymnastics Centre (working out details, TBA)	5:15-6:15	RD Teen Ballet Miss Karissa
6:00-7:15	Acro 2 *Please e-mail studio to be placed in an Acro class *New Program with various qualified faculty and partnered a Gymnastics Centre (working out details, TBA)	6:15-7:00	RD Beginner Ballet Miss Karissa
7:15-8:15		7:00-8:00	RD Teen Lyrical/Contemp Miss Karissa
	PD		PD

Saturday

Studio A (Front)		Studio B (Back)	
Time	Class	Time	Class
9:00-9:30am	Fairytale ballet Miss Reanna	9:00-9:30am	Small & Tall 2 (ages 2-3) Full year Miss Karissa
9:30- 10:00am	Tiny Toes Miss Reanna	9:40-10:10am	Small & Tall 1 (ages 1-2) Full year Miss Karissa
10:00-11:00am	Junior Performance Division Competitive Ballet (7+) *must be enrolled in 2 Cecchetti Ballet Technique classes to take this class Miss Natalka	10:15-11:00	RD Beginner Ballet Miss Karissa
11:00-12:00pm	Senior Performance Division Competitive Ballet (14+) *must be enrolled in 2 Cecchetti Ballet Technique classes to take this class Miss Natalka	11:00-11:45	RD Beginner Jazz Miss Karissa
12:00-1:00	Pointe 2 Miss Natalka	11:45-12:45	PD Pre-Inter Competitive Lyrical- Miss Madi
1:00-1:30pm	Intermediate Performance Division Competitive Ballet (14+) *must be enrolled in 2 Cecchetti Ballet Technique classes to take this class Miss Natalka	12:45- 1:30pm	Intro to Acro Miss Madi
1:30-2:30pm	Pre-Intermediate Performance Division Competitive Ballet (10+) *must be enrolled in 2 Cecchetti Ballet Technique classes to take this class Miss Natalka	1:30-2:30	PD Senior Competitive Lyrical Miss Madi

2:30-4:30pm	Performance Division		2:00-4:30pm	Performance Division
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Sunday

Studio A (Front)		Studio B (Back)	
Time	Class	Time	Class
9:00-9:30	Tiny Toes TBA	9:00-9:30	Small & Tall 1 (sessional) Miss Nicole
9:30-10:00	Fairytale ballet TBA	9:30-10:00	Small & Tall 2 (Sessional) Miss Nicole
10-11:00 am	Family Move & Play TBA	10:10-10:55	Pre-School Sessional Classes: Sept-Oct- Princess Ballet Nov-Dec-Tiny Toes Jazz Jan-Feb- Princess Ballet March-April- Tiny Toes Jazz May-June- Bitty Boppers Hip Hop Miss Nicole
11:15-3pm	Birthday Party bookings.	11-12	Zumba for Kids (Sessional) Miss Nicole
		12:15-3pm	Birthday Party bookings.

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